the 2021

Hot girl summer

jack off to 6

will-looking chunky

and abs

competition

In pursuit of divine fitness and health, a pantheon of participants gather and risk financial ruin to stand above all others

v1.2.0

# Premise

* To determine whether one is FINE or one is THICC
  1. See section 2 for definition of FINE and THICC
* The competition starts right when an individual learns of the competition and ends December 15th-ish, 2021 AD. (Tentative)

# Winning Conditions

* He (or She) deemed as the most FINE shall be declared the winner
  1. FINE is defined as the one who possesses the *dopest* of abs
  2. Winner is determined by a vote amongst other participants
  3. Participants CANNOT vote for themselves
  4. Those who are found guilty of un-sportsman like cooperation shall be SHAMED
  5. He or She who is deemed the second finest shall keep their buy-in
     1. *Added in v1.2.0*
* Whoms’t ever be the THICCEST shall be shamed
  1. THICC is defined as the one who possesses the *least dope* set of abs
  2. Loser is determined by a vote amongst other participants
  3. NO excuses
  4. Loser must buy their own mud flaps immediately upon loss
  5. Mud flaps are to be attached to the THICCEST’s ass

# Rules

* Each participant shall put forth $50 that shall be put into a pool that will be used to buy the winner a LEGIT prize
  1. No troll or gag gifts
  2. Once a prospect participant buys-in, they are NEVER out of the competition unless SHAMED (see bullet 4)
  3. Once a prospect participant enters the competition, they become part of the “Pantheon”
  4. The Pantheon refers to the group of participants
* Any who hears of or learns of the competition is liable to be drafted into said competition
* How one achieves his or her level of FINE matters not so long as the participant honors the rules and does not use a forbidden substance
  1. See section 4 for list of approved/forbidden substances
* A participant found guilty of violating any rules are subject to be SHAMED
  1. SHAMED is defined as one who dishonors the rules of the competition and undermines the integrity of the Pantheon

# Substances

* Approved Substances
  1. Protein Powder
  2. Creatine
  3. Amino Acids
  4. Pre-Workout
  5. Store bought multivitamins
  6. Common Painkillers
  7. Prescribed Medicine
     1. Prescriptions will be approved on a case by case basis
* Forbidden Substances
  1. See Damian for reference
  2. Non-FDA Approved SARMs
  3. Any substance declared illegal under US law

# Other Rules

1. Nutritionist and other health professionals are allowed for consultation
2. Substances not listed will be approved or forbidden on a case by case basis
3. A participant forfeits his or her buy-in should they shamed
4. Those who troll the challenge in an ANNOYING WAY shall be shamed
   1. See Will for reference
   2. Even if one is the most FINE amongst, he or she will be shamed and be disqualifies should they choose to troll in an annoying way.
5. Diet-sabotage is allowed
   1. E.g. offering to buy another participant pizza so that they may lose progress

# Addendum

1. Prospects must provide buy-in either by March 27th, 2021 or within ONE month of accepting the challenge (whichever comes last)
   1. Exceptions will be handled on a case-by-case basis
   2. *Added in v1.2.0*

# Notes

* Competition established on the blessed day of January 18th, 2021 at MIDNIGHT
* 1.0.0
  + First draft of document created
* 1.1.0
  + Re-formatted and clarified some points
* 1.1.5
  + Added rule: Recordings of final ceremony is strictly prohibited
  + Added rule: Each participant of the Pantheon must have a intro song
  + Added rule: This competition is strictly for fun, no malicious shaming
* 1.2.0
  + Added rule: Runner up finest gets to keep their buy-in
  + Addendum: Participants must buy-in by either March 20th or within 1 months of accepting the challenge.
  + Minor format change